

FINAL REPORT ON
ORIENTATION AND MOBILITY TRAINING

Orientation and mobility was started by the Composite Regional center (CRC) Shillong on 9 March to 9 May 2022 there are 11 beneficiaries in this training program. This program was divided in two shift morning and afternoon hence this training was conducted by seeing the beneficiaries coming to CRC that they still lack in confidence and confusion in many ways in mobility skills and in various form of environment or places. They also come and confront to the orientation and mobility instructor to please give training in order to develop whatever hinder to them to be a complete independent living. Then mobility instructor had a meeting with officer Incharge and all the staff members of CRC they also give orientation and mobility instructor a responsibility to put the proposal to the headquarter for the approval and from the headquarter they didn't take so much time to initiate this training program for the development of the beneficiaries in mobility skills so we CRC Shillong heartily please and thank you with your quick consent for the training program.

Before starting the training on orientation and mobility for the person with visually impaired we firstly begin with inauguration in this inauguration we invited three guests to joint and share words of speech regarding to this training these guests are Mrs. Bridget Warshong Deputy commissioner for person with disability, Ms. Soni Gail a psychologist and special educator in Bethany Society and Sir Borbah Khongwir the Headman Malki -Dhankheti. The members of participant are parents, beneficiaries and the staff members of CRC Shillong and at the end the inauguration was successful.

The training with the beneficiaries learned how to use cane, two point touch technique, taking step while walking in the road long or short, locating obstacle, ability how to ascent and decent stairs, direction taking, road and street crossing, discrimination various sound and smell from any walking area, identify shoreline to be straight while walking, identify landmarks, clues for reach safe and easy to the destination, walking in narrow space technique, understanding how many lanes of roads in one area. Sighted guide technique, locating bus stand and taxi stand in different areas, travelling by bus, taxi and other indoor technique therefore with the corporation

of the trainees this training went on better day by day regarding indoor mobility skill as well as outdoor skill. Also during this training the trainees and mobility instructor visited places to seek awareness and information from the right places or persons who can provide or help whatever that is related to the beneficiaries needs. Apart from the mobility training there are other training and basic education related with the visually impaired. The training are ADL, basic activity through four senses like planting seeding, play game to identify things preparing and arranging food items making mental map, lesson to Maintaining oneself, Safety skill, sex education and self decision all these was also take part by all the staff members of CRC Shillong.

From my side the orientation and mobility instructor I saw lots of improvement from the beneficiaries before it was very difficult for them to move around by themselves and to locate bus, taxi etc stand from various point and to know place they want after the training are able to come by themselves from the place they stay to CRC Shillong to other places and etc.

One boy by the name Krishna Phawa he use to make brooms by himself, and during the training myself and all the trainees visiting Commissioner with person with disability office in there the commissioner had a conversation with the trainees and from there they get to know that Krishna making brooms and every encourage him by wanting to by his brooms they asked to bring for them and for here he got the inspiration to sell brooms to office and other places we from the office also bought his broom to encourage him more and more to economic independent.

Both couple Balarihun diengdoh and Donbokstar Nongrum these couple never get a change to move around by themselves it is through one of his friend his name is Rikyson Rynjah who is also their friend who help them to be the trainees in this training programme. These couple they really show that are so happy to be trainees the first time I met them I can see so much lacking in them their physical movement was not okay they very scared, their body was so stiff and often stumble to each other trainee but now they show lots of improvement in movement they can also move by themselves they can reach CRC easily from the place they stay and they can perform lots of activity after instructed.

Kasar Debnath he also one of the trainee who very slow in moving, lack in confident before he cannot located his place where he stay that is from the stand point but now he is able to reach his place.

Jatin Kharpran initially the way she travel was not good she keep on stumble missing ways moving in a veering way and she also lack in confident and now she is improving and she has built in confident.

Waikibar Smitang he want a trainer who can help him in his vocal training from this mobility training we got a chance to visit a professional Ms Pauline the best trainer for the Aroha Choir in Shillong she give him chance to be a learner in her institution since she also feel that he has the talent to cope more in music. Initially all the trainee they don't know where Ms Pauline resident is but through mobility training finally they are able to reach her place.

Apart from these all the trainees are showing the best in approach to office to apply their scholarship, offices to attest their document travel by means of land transport etc.

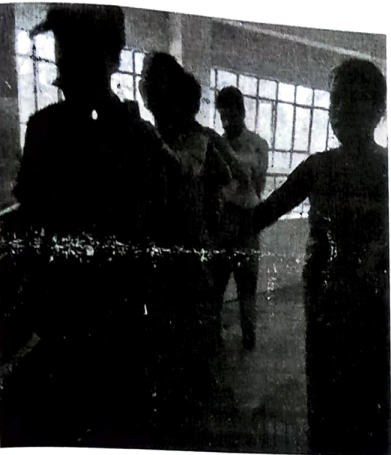
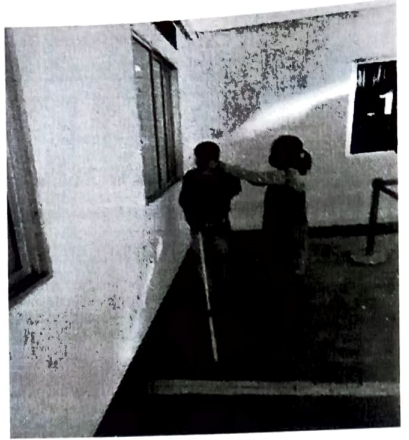
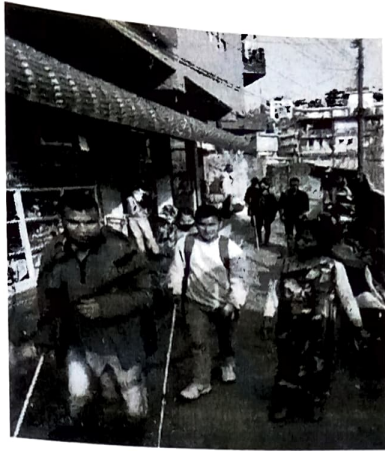
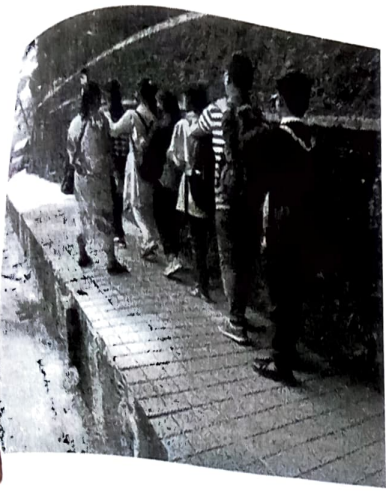
There is a feedback meeting from the beneficiaries regarding the training with the Officer Incharge and the staff members. During the feedback the beneficiaries was very eager to share what they feel and what they have achieve from the training.

In the last day of the training we concluded the training by giving certificate to each trainee.

INAGURATION DAY ON ORIENTATION AND MOBILITY TRAINING



ORIENTATION AND MOBILITY TRAINING



FEEDBACK DISCUSSION AND OTHER DISCUSSION FOR THE NEEDS OF THE BENEFICIARIES



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(S.K. Warshong)

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20/10/2019
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